

**LET'S
INSPIRE!**

ROTARY CLUB OF MUMBAI MAHIM

DISTRICT 3141, CLUB No. 59127



MAHIM WAVES

APRIL, 2026

UNITE
FOR
GOOD

Rotary



❖ R. I. President – Francesco Arezzo ❖ District Governor – Dr. Manish Motwani ❖

◆ President – Shaila Rege ◆ Secretary – Sunita Padwal ◆

❖ Bulletin Chairperson – Shobha Karnik ❖

FROM PRESIDENT'S DESK



During the month of April, several impactful projects were undertaken by the club.

The month began with a Blood Donation Camp at CST Station organised by the University of Mumbai NSS in association with Rotary. The camp was inaugurated by Smita Puranik in memory of her husband, Late Sudhir Puranik, former Director of NSS, who had initiated blood donation camps at several places.

Annadan was carried out on two occasions during the month — one sponsored by Rtn. Julina Karkhanis in memory of her husband, Late Ulhas Karkhanis, and another by PR Shaila and Rtn. Lalit Rege on the occasion of their wedding anniversary.

A Digital Smart Board was donated to Sevangan, Katta Malvan, to support students preparing for competitive examinations. The initiative also includes training teachers from peripheral schools and making the facility accessible to schools within a 10 kms radius, thereby empowering rural students and the community at large.

To help dementia patients remain engaged and active, activity material was donated to the Dignity Foundation Day Care Centre.

Under a District project for donation of 120 bunk beds to an Ashramshala in Wada, RCMM contributed 10 bunk beds. It was a deeply satisfying project benefiting underprivileged students who come to study there from villages.

A commercial washing machine along with two stabilisers was donated to Anandashram Old Age Home, Nerul, to help maintain hygiene despite power fluctuations. A carrom board was also donated for the recreation of the inmates.

Two desktops and a printer were donated to NGF Foundation, which works for the development and empowerment of Divyang children.

BP monitors and glucometers were donated to the Palliative Care Unit of Tata Hospital, Parel, for the benefit of patients requiring continuous monitoring and care.

Overall, the month concluded on a happy note.

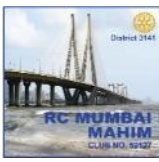
Enjoy Rotary and Enrich Life.



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MAHIM WAVES

ROTARY CLUB OF MUMBAI MAHIM



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President



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Club Service



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Vocational Service



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Rtn. Arati Dhavale
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Rtn. Uma Sahasrabudhe
International Service

Invitees for
Board Meetings



Rtn. Vidya Kulkarni
Learning Facilitator



Rtn. Pradeep Dixit



Rtn. Prakash Samudra



Rtn. Anand Limaye
Club Advisors



Rtn. Sandhya Samudra



Rtn. Usha Sheshan

We meet alternate Saturday at 9.00 a.m. at AOTS Hall else on Zoom Conference.

Year 2025-26

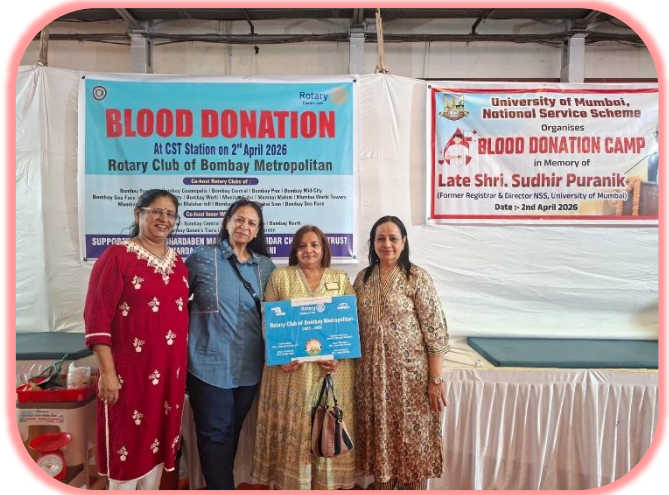
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BLOOD DONATION DRIVE AT CST

Every year, under the guidance of the Rotary District, several Rotary Clubs come together to organize blood donation drives at railway stations throughout the year.

On 2nd April 2026, a Blood Donation Drive was organized at CST Station by the University of Mumbai NSS in association with Rotary. The camp was inaugurated by Smita Puranik in memory of her late husband, Sudhir Puranik, former Director of NSS, who had initiated blood donation camps at several locations.

PR Shaila, along with Rtn. Lalit, attended the camp.



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MAHIM WAVES

ROTARY CLUB OF MUMBAI MAHIM



ANNADAN THROUGH DON GHAS

Annadan through Don Ghas has become a signature monthly project for RCMM, with Rtn. Revati managing it seamlessly. She ensures its smooth execution by being personally present at every service. RCMM has been associated with NGO Aarya for the past 7-8 years. Founded by Sheetal Bhatkar in memory of her son, Aarya's mission is to ease the burden on families of patients undergoing prolonged treatments at hospitals in Parel, such as Wadia, Tata, and KEM. The initiative, aptly named Don Ghas (which translates to a square meal in Marathi), follows a well-structured yet simple process to provide nutritious meals to those in need.

On 3rd April, 2026 RCMM sponsored lunch for 170 people. Special thanks to Rtn. Julina Karkhanis who sponsored the lunch seva in memory of her husband Dr. Ulhas Karkhanis.



We meet alternate Saturday at 9.00 a.m. at AOTS Hall else on Zoom Conference.

Year 2025-26

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ANNADAN THROUGH DON GHAS

On 10th April, 2026 RCMM sponsored lunch for 150 people. Special thanks to PR Shaila and Rtn. Lalit who sponsored the lunch seva in celebration of their wedding anniversary.



EMPOWERING EDUCATION - DONATION OF DIGITAL BOARD

Rotary Club of Mumbai-Mahim has shared a long and meaningful association with Barrister Nath Pai Sevangan Katta and has supported several community development initiatives over the past years. Earlier contributions by RCMM have included educational support through books, assistance during floods, women empowerment initiatives, and other welfare activities aimed at uplifting the rural community.

Continuing this commitment, RCMM successfully implemented the project “Empowering Education” by donating a Digital Smart Board to Sevangan, Katta. The board was inaugurated at Sevangan in the presence of students, parents, teachers, Sevangan representatives, and Rotary members. The program began with remarks by Mr. Deepak Bhogate, who highlighted RCMM’s consistent support over the last six to seven years and expressed gratitude to the club for strengthening Sevangan’s educational efforts. It was also announced that the digital board would be made available for use by nearby primary schools, expanding its reach and impact.

The Digital Smart Board was inaugurated on 5th April, 2026 by Rtn. Rashmi Patil, who shared her appreciation for the enthusiasm and confidence shown by the students while interacting with the board. She emphasized that the success of this initiative was a collective effort of the Rotary Club of Mumbai-Mahim and acknowledged the support of the club leadership. She encouraged students to make full use of the board for academic improvement and future growth.



EMPOWERING EDUCATION - DONATION OF DIGITAL BOARD

Sevangan shared its vision of maximizing the benefit of this facility by training teachers from surrounding schools and making the smart board accessible to schools within a 10 km radius during weekdays. In addition to academic learning, the board will also be utilized for skill development programs such as tailoring training for women and preparation for competitive examinations, thereby supporting overall community empowerment.



EMPOWERING EDUCATION - DONATION OF DIGITAL BOARD

The event was enriched by guidance provided to students by Mrs. Raul, Principal of Varadkar High School, and Ms. Sayali Chavan, English Language Mentor. Mr. Kishor Shirodkar briefed the gathering on Sevangan's ongoing initiatives and assured RCMM that the digital board would be used effectively to deliver the expected educational outcomes.

The program was smoothly moderated by Mr. Balkrishna Nandoskar and was meticulously planned with the support of Manoj Kalsekar Sir, Vidya Chindarkar, and Balkrishna Gondhali. The inauguration was attended by several dignitaries, Rotary members, Sevangan volunteers, students, and parents, making it a memorable and impactful occasion.

This project marks another significant step by Rotary Club of Mumbai-Mahim towards strengthening rural education through modern learning tools. The donation of the Digital Smart Board will greatly enhance teaching effectiveness, encourage interactive learning, and benefit not only Sevangan students but also the wider educational community in the region. Special thanks to Rtn. Sandhya Samudra for sponsoring the Digital Board.



कट्टा येथे डिजिटल बोर्डचे उद्घाटन करताना रो. रश्मी पाटील, किशोर शिरोडकर, दीपक भोगटे व अन्ये. (छाया : सुनार पेण्डेकर)

सेवांगण कट्टा येथे डिजिटल बोर्डचे उद्घाटन

रोटरी क्लब मुंबई-माहिमचे मानले आभार

मसुरे (प्रतिनिधी) :

बॅ. नाथ वै सेवांगण कट्टा येथे रोटरी क्लब मुंबई माहिम यांनी देणगी दिलेल्या डिजिटल बोर्डचे उद्घाटन संघटन झाले. प्रांतीय दौक भोगटे यांनी गेल्या सहा सात वर्षे रोटरी क्लब मुंबई माहिमने अडीच लाख रुपये किमतीची पुस्तके, सॉफ्टवेअर मॅगिनिशिन, पुस्तकांना जीवनवाचक मरत, गर्व महिलाना भाजीपाला

पिकण्यासाठी पंप, आर्थिक मदत अशा प्रकारे अनेक उपक्रमांना साहाय्य केले आहे. आन १ लाख ३० हजार रुपये किमतीचा डिजिटल बोर्ड शिष्यवृत्ती वर्ग व इतर शैक्षणिक वर्गासाठी देणगी दिली आहे. त्याबद्दल रोटरी क्लबचे सर्व पदाधिकारी, शिष्यसेवा रश्मी पाटील यांचे आभार मानले व परिसरातील इतर प्राथमिक शाळांना या बोर्डचा उपयोग वापर करण्यासाठी देण्यात येईल असे सांगितले. रोटरियन रश्मी पाटील यांनी सेवांगणच्या शिष्यवृत्ती वर्गाचा उपक्रम व इतर शैक्षणिक उपक्रम

पाहून हा बोर्ड मंजूर केला. यात माझे श्रेय नसून सर्व पदाधिकारी प्रासुख्याने प्रे. शौचा रो, सेक्रेटरी सुनिता पवारकर, व रेड्दर वंदना रावडेंकर यांचे आहे. मी फक्त समन्वयचे काम केले. सर्व विद्यार्थ्यांनी या बोर्डचा वापर करून आपले शैक्षणिक उन्नती साधायी. शिष्यसेवा व इतर उपक्रमांसाठी सुद्ध या बोर्डचा वापर करावा अशी सूचना त्यांनी केली. बराडकर हामस्कूलच्या मुख्याधिका सौ. राजळ मंडन, इमली विषणच्या मार्गदर्शिका सायली चव्हाण यांनी विद्यार्थ्यांना मार्गदर्शन केले. किशोर शिरोडकर

यांनी सेवांगणच्या उपक्रमांची माहिती दिली. व रोटरी क्लबला अनेकशे काम सेवांगण निश्चितपणे करेल असे आश्वासन दिले. बाळकृष्ण नंदीसेकर यांनी सूत्रसंचलन केले. मनोज काळसेकर सर, विद्या चिंदरकर, बाळकृष्ण गोपाळी यांनी कार्यक्रमाचे सूत्रबद्ध नियोजन केले. या कार्यक्रमास किशोर शिरोडकर, बापू तळवडेकर, रश्मी पाटील, देवमानी गावडे, सपसली चव्हाण, नंदीसेकर मूर्तेन, विद्या चिंदरकर, मनोज काळसेकर, साखी अमर, मंगल पराडकर, बाळकृष्ण गोपाळी विद्यार्थी व पालक उपस्थित होते.



ACTIVITY MATERIAL TO DEMENTIA CENTRE OF DIGNITY FOUNDATION

Established in 1995, Dignity Foundation is committed to enhancing the lives of senior citizens by addressing their psycho-social challenges and alleviating feelings of loneliness and insecurity. Their Mahim West Center serves as a dedicated dementia day care facility, providing essential support to those affected. Currently at the day care center there are 21 dementia patients. They are in the center for about 6-7 hours. Different activities are taken for keeping them engaged throughout the day.

In the past, the Rotary Club of Mumbai Mahim (RCMM) has collaborated with Dignity Foundation in initiatives aimed at spreading awareness about Alzheimer's disease and supporting senior citizen well-being. Continuing this meaningful association, on 9th April 2026, RCMM donated activity material as requested by the Mahim West Center to further strengthen their daily engagement programs for dementia patients. The donation was formally inaugurated in the presence of PR Shaila and Rtns. Arati and Asavari. This support will help the center conduct structured, interactive activities more effectively, ensuring patients remain mentally stimulated, emotionally engaged, and positively occupied during their time at the facility. RCMM remains committed to contributing towards senior citizen care and supporting organizations like Dignity Foundation in their valuable mission of providing dignity, comfort, and companionship to the elderly.

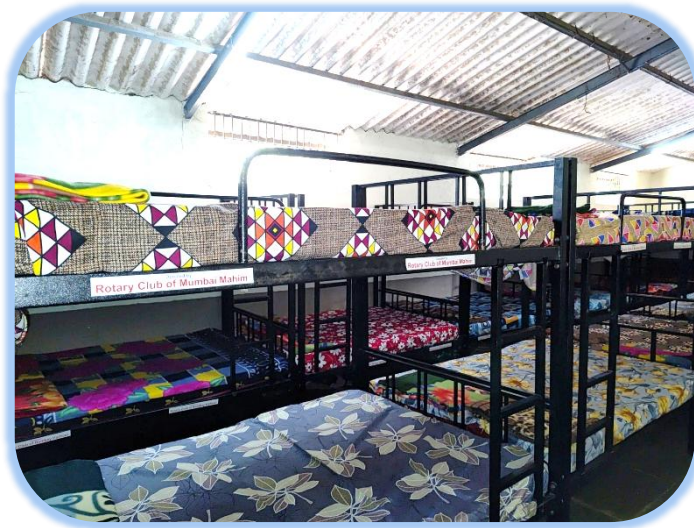


SUPPORT TO ASHRAMSHALA AT WADA – BUNK BEDS & LIBRARY

On the auspicious occasion of Bharat Ratna Dr. Babasaheb Ambedkar Jayanti, a meaningful service initiative was successfully carried out on 14th April 2026 at Digambar Padvi Primary & Secondary Ashram School, Ambiste, Taluka Wada, District Palghar.

The project was jointly undertaken by the Rotary Club of Mumbai Dahisar in association with LEAP India Limited, with valuable support from the Rotary Clubs of Bombay Metropolitan, Mumbai Mahim, Bombay West, Bombay Harbour, Mumbai Juhu, Mumbai Mulund Hills, and Bombay Club. Additional contributions were received from Mr. Taranjiet Singh, Ratna Nidhi Foundation, Mr. Vivek Govilkar, and Sterling Industries.

As part of this initiative, 120 two-tier bunk beds, 500 bedsheets, 550 blankets, 940 library books, 6 library cupboards, Science laboratory equipment, 2 science laboratory cupboards and 1 wall fan. Additionally, the boys' and girls' hostels were freshly painted, creating a more comfortable and welcoming environment for the students. Rotary Club of Mumbai has sponsored 10 Bed Bunks. Special thanks to our donors Mrs. Tanviben Mehta for sponsoring 3 Bunk Beds, friend of Rtn. Shobha and Vidya Shrikant Pai for sponsoring 2 Bunk Beds, friend of PR Shaila.



This project will benefit 520 students who, for the past 58 years, had been deprived of proper sleeping facilities. With this initiative, they can now experience the comfort, dignity, and well-being of sleeping on proper beds.

Special thanks to Project Chairman Rtn. Hiteshbhai Mehta and Project Coordinator Rtn. Rajendran Unnikrishnan.

COMMERCIAL WASHING MACHINE TO ANANDASHRAM AT NERUL

Brahman Seva Mandal's Anandashram, Nerul is a well-known old age home dedicated to providing care, comfort, and dignity to senior citizens. With a nurturing and peaceful environment, the institution offers a safe residential facility along with essential services such as food, medical care, and emotional support. Anandashram stands as a compassionate initiative that ensures elderly residents live their later years with respect, companionship, and a sense of belonging.

RCMM has been closely associated with Anandashram through Rtn. Anand Limaye and has regularly supported the Ashram by organizing medical camps and entertainment programmes for the residents. On 15th April 2026, RCMM further strengthened this association by inaugurating a commercial washing machine, two stabilizers, and a carrom board for the Ashram. The commercial washing machine will greatly ease the burden of washing and drying clothes, ensuring better hygiene and convenience for the inmates. The stabilizers will help protect electrical appliances from voltage fluctuations, while the carrom board will provide recreation and joyful engagement for the senior residents. The inauguration was attended by PR Shaila along with Rtns. Anand, Dhananjay, Suryakumar, Lalit and Uma Sahasrabudhe.



TWO DESKTOPS AND A PRINTER TO NUTAN GULGULE FOUNDATION

Nutan Gulgule Foundation, Arnala (Virar) is a dedicated social organization working towards the welfare, education, and overall development of special children and underprivileged sections of society. The foundation plays an important role in empowering the local community by providing support through educational initiatives, skill development, and various social welfare activities. With a strong commitment to creating better opportunities for the future, the foundation continues to positively impact many lives in the Arnala–Virar region.

On 19th April, 2026, RCMM donated two desktop computers and one printer to Nutan Gulgule Foundation (NGF) at Arnala, Virar, to support and strengthen their administrative and educational activities. NGF runs a day care centre for special children and works towards the development of Divyang individuals by helping them become independent. This donation will enhance their learning capabilities by providing access to basic computer knowledge and will benefit nearly 25 individuals. The inauguration was attended by President Shaila and Rtn. Lalit.



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BP MONITORS AND GLUCOMETERS TO TATA HOSPITAL PALLIATIVE CARE UNIT

The Palliative Care Unit at Tata Memorial Hospital, Parel, provides compassionate support and medical care to patients requiring pain management and comfort-based treatment, ensuring dignity and improved quality of life during critical illness. The unit plays an important role in assisting both patients and their families through specialized care and continuous monitoring.

Tata Hospital Palliative Care Unit had requested two BP monitors and two glucometers. Responding to this need, PR Shaila, Rtns. Lalit and Archana handed over the instruments to the Tata Hospital Palliative Care Unit, Parel on 24th April, 2026. The hospital staff expressed their heartfelt gratitude on receiving the same.



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FELLOWSHIP EVENING: DEBATE, DIALOGUE AND DINNER

On 25th April, 2026 we had our regular meeting-cum-fellowship with an engaging debate on the topic, “Should Rotary International get involved in Geopolitical Issues?” The session was very well conducted by Rtn. Chittaranjan and Rtn. Vipul, who ensured smooth coordination and active participation from members.

Fellowship has always been the foundation of Rotary. In fact, Rotary was initiated with the primary intention of bringing professionals together to build friendships, strengthen mutual understanding, and create a spirit of unity through regular meetings. Such fellowship not only builds bonding among members but also strengthens teamwork, participation, and service spirit.

Two teams were formed and 15 minutes were allotted for brainstorming and selecting representatives. The debate format was well-structured: the first speaker was given 3 minutes, the second speaker 2 minutes, followed by a rapid-fire round of 1 minute per team. Although the topic was challenging, both teams defended their views confidently and presented strong arguments.

Before announcing the results, Rtn. Chittaranjan shared valuable observations on each speaker’s performance and also highlighted Rotary’s stand and guiding principles, which many Rotarians were not fully aware of. The session turned out to be highly informative and thought-provoking. Many members expressed their appreciation and suggested that such fellowship programmes be conducted at least once every month.

After the debate, everyone enjoyed dinner and spent quality time in informal interaction and cheerful conversations, further strengthening the spirit of Rotary fellowship.



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MAHIM WAVES

ROTARY CLUB OF MUMBAI MAHIM



DISTRICT INITIATIVE & CO-HOST

1. Hosting RI President-Elect Olayinka Hakeem Babalola from Nigeria

PR Shaila attended a special Rotary District program held on Sunday, 5th April, during the visit of Rotary International President Elect Rtn. Olayinka Hakeem Babalola from Nigeria. District Governor Dr. Manish Motwani invited women Presidents and women District Officers for an exclusive interaction session where women leaders discussed challenges, issues, and raised questions related to women's participation and leadership in Rotary. The event also featured a cultural performance by especially abled children and received extensive media coverage. The program was held from 4.00 pm to 6.00 pm at the Rotary Juhu Service Centre, Santacruz (West), Mumbai.



2. A New Dawn in Rotary - नवोदय

On Sunday 26th April, 2026 first meeting of Team 2027-28 was organized at Synergy Banquet Hall, Ginger Airport. From RCMM Rtns. Chittaranjan, Manoj and Vandana attended.



Rotary District 3141
a New Dawn in Rotary
नवोदय
एक नई सोच, एक नई दिशा.....
1st Meet of Presidents 2027-2028
Sunday April 26, 2026, 945am
Synergy Banquet Hall, GINGER Airport
Brought to you by: **TEAM 2728**
Powered by Rotary Clubs Of
Mumbai Pioneers, Mumbai Sher e Punjab, Rotary Club of BOMBAY FILM CITY
Registration : INR 2700 Single INR 5400 Couple
<https://ftcash.com/rdep2425> OR GPay : 9699735822
Rajendra Darye Governor's Chief Aide, Sandip Kedia Lieutenant Governor, Deepak Jandani District Governor Nominee, Rajith Menon District General Secretary, Dr Arun Garg Chief Coordinator Events
Dress Code : Smart Casuals

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PATRONS & DONORS



RC Mumbai Mahim is very grateful to all the donors without whom it is not possible to continue supporting larger section of less privileged community. We look forward for your continued support.

Donor's Name	Amount	Cause	Through Rotarian
Rtns. Shaila & Lalit Rege	10,000	Annadan through Don GHAs	
Jasmin Kikani	25,000	Pediatric Heart Surgery	Shobha Karnik

The burden of four stones that we all carry - stones that steal away our happiness.

- First stone - Laziness
- Second stone - Bad habits
- Third stone - Ego and
- Fourth stone - Jealousy

If we practice and achieve - throwing away all these hurdles from one's life, will get innermost spiritually contented feeling!!

FAMILY CORNER

RCMM proudly congratulates **Rtn. Anand Limaye** on being elected unopposed as President of Brahman Seva Mandal, a renowned 108-year-old institution at Dadar (W), Mumbai, for the next three years.

His dedicated service over the years as Trustee and Advisor, along with his valuable contribution to the development of 'Anandashram' Old Age Home, Nerul, is truly commendable.

We wish him a successful and impactful tenure ahead.



Personally monitoring the Washing Machine to be installed at Anandashram

FAMILY CORNER



RCMM proudly congratulates **Rtn. Anand Limaye** on receiving the prestigious Viren Chhabra Print Leadership Award 2026 at the AIFMP event. This honour is a proud recognition of his lifelong dedication and outstanding contribution to India's printing industry. As the leader of India Printing Works (established in 1932), he has consistently upheld excellence, innovation, and integrity in the field of print.

His inspiring acceptance speech highlighted the need for the industry to embrace technology, education, and skill development to remain future-ready. He rightly reminded the fraternity that growth comes through collaboration, teamwork, and collective intent. His efforts in strengthening platforms like PAMEX, advancing educational infrastructure, and supporting policy reforms have greatly benefited the print community. Mr. Limaye's vision of creating not just printers but true professionals is commendable. His message of resilience, adaptability, and unity is timely and impactful. We extend our heartfelt congratulations and wish him continued success in guiding the printing industry towards a stronger future.



FAMILY CORNER



Heartiest congratulations to **Rtn. Dr. Ajay Darekar** for being one of the faculty for Life Skills Development Programme organized by "Muktachhand Natyashala" & "Maharashtra Times Couture Club" on 13th to 23rd April, 2026.

RCMM is proud of you Rtn. Dr. Ajay Darekar

सुदृढ कौशल्यांचा विकास

मुंबई टाइम्स टीम

'मुक्तछंद नाट्यसंस्था' आणि 'महाराष्ट्र टाइम्स कल्चर क्लब' यांच्या संयुक्त विद्यमाने 'लाइफ स्किल्स डेव्हलपमेंट प्रोग्राम' या सशक्त आणि सक्षम उपक्रमाचे आयोजन करण्यात आले आहे. दहावी-बारावीची परीक्षा संपली की, सुट्ट्यांमध्ये काय करावे हे अनेकांना सुचत नाही. या प्रश्नाचा गुंता सोडवण्यासाठी कार्यशाळेचे आयोजन करण्यात आले आहे. दहावी-बारावीची परीक्षा दिलेल्या विद्यार्थ्यांना आणि 'महाराष्ट्र टाइम्स कल्चर क्लब' सदस्यांना कार्यशाळेच्या शुल्कात विशेष सवलत देण्यात आली आहे.

◆ **तन्वी सिंगनूरकर**
समुपदेशन
मानसशास्त्रज्ञ, पालकत्व मार्गदर्शक
एमए (समुपदेशन
मानसशास्त्र), एमएड (शिक्षण)
■ शिस्त, जबाबदारीची जाणीव व निर्णय घेण्याचे कौशल्य
■ वेळेचे, स्वतःचे व तणावाचे व्यवस्थापन

◆ **डॉ. अजय दरेकर**
संस्थापक-संचालक,
व्हर्सटाइल एज्युकेशन सिस्टीम व
व्हर्सटाइल यूथ एम्पॉवरमेंट प्रोग्राम
शिक्षक व विद्यार्थी विकास
प्रशिक्षक



करिश्मा वाघ डॉ. अजय दरेकर तन्वी सिंगनूरकर सचिन पाटील सुयश पुरोहित



■ स्वविश्लेषण, ध्येय स्पष्टता व करिअर मार्गदर्शन
■ सामाजिक जाणीव व सामाजिक उपक्रम

◆ **सुयश पुरोहित**
नाट्यप्रशिक्षक, अभिनेते, लेखक व दिग्दर्शक
■ नाट्यखेळांद्वारे आत्मविश्वास वाढवणे.
■ वाचनशक्ती, कल्पनाशक्ती व कल्पना विस्तार
■ व्हॉइस कल्चर व संवाद कौशल्य

◆ **करिश्मा वाघ**
नाट्यशास्त्र पदवीधारक,
अभिनेत्री, दिग्दर्शक
मुक्तछंद नाट्यसंस्थेच्या मुख्य
नाट्यप्रशिक्षक, मुख्य व्यवस्थापक
■ नेतृत्व व टीमवर्क कौशल्य

कालावधी- १३ एप्रिल ते २३ एप्रिल (रविवार वगळून एकूण १० दिवसांची बॅच असेल)
वेळ? स. ११ ते दु. १
स्थळ? मुक्तछंद नाट्यसंस्था अभिनय कार्यशाळा ०१, तळमजला, पार्वती निवास, सचिन्स स्टुडिओ, दगडी शाळेच्या बाजूला, चरई, ठाणे (प.)
प्रवेशासाठी व अधिक माहितीसाठी संपर्क:
८७७९३ ८५००२.

■ कामातील सातत्याने व जिद्दीने जिंका पारितोषिके

◆ **सचिन पाटील**
सचिन्स स्टुडिओ व एसएस फिटनेस ट्रेनिंग इन्स्टिट्यूटचे संस्थापक
फिटनेस क्षेत्रात २५हून अधिक वर्षांचा अनुभव
■ आरोग्याबद्दल जागरूकता व ऑक्टिव्हिटीज



FAMILY CORNER



Heartiest congratulations **Rtn. Dr. Nilesh Satbhai**, for restoring functional hand use of a toddler born with severe congenital thumb deformities. The complex two-stage reconstructive microsurgery has given Varidhi Varunsingh Thakur, 13 months old the gift of touch, grip, and independence.

The procedure involved stabilizing an underdeveloped thumb and a complex toe-to-hand transfer to create a new one.

RCMM is very proud of you Rtn. Dr. Nilesh Satbhai.

Rare thumb reconstruction surgery at Nanavati

Child, now 13 months, was born with severe congenital thumb deformities; parents say it is a miracle she can now hold their fingers

RITIKA GONDHALEKAR
ritika.gondhalekar@mid-day.com

DOCTORS at Nanavati Max Super Speciality Hospital have restored functional hand use of a toddler born with severe congenital thumb deformities. The complex two-stage reconstructive microsurgery has given her the gift of touch, grip, and independence.

Varidhi Varunsingh Thakur, now 13 months old, was born without a left thumb and with a severely underdeveloped right thumb lacking sufficient bone and muscle and went through two surgeries. This condition significantly impaired her ability to develop essential motor skills such as grasping and pinching. The first surgery was performed in December 2025, and the second in February 2026.

'While having to see her born without a thumb itself was devastating, the entire process of her having to undergo two major surgeries was more troubling'

Dr Shweta Thakur, mother

The challenges

The biggest challenge was to handle her tiny body structures — the small blood vessels and the thin nerves, shared Dr Satbhai. Because of the extra small size, given her age, repairing these was very difficult and a risky affair. Also, another

problem was the fact that both her thumbs were compromised — while one hand did not have it at all, the other was majorly underdeveloped. "So having to succeed in both surgeries was important; else it might have led to another major defect," he added.



The child with her mother. PICS/BY SPECIAL ARRANGEMENT



Dr Nilesh G Satbhai (right) of Nanavati Max Super Speciality Hospital

Joint stabilisation

Dr Nilesh G Satbhai, director, plastic, reconstructive microsurgery and hand Transplantation, and his team at Nanavati Max Super Speciality Hospital, carefully planned a two-stage surgical journey. The first step focused on joint stabilisation and the

ability to touch other fingers. "We stabilised her fragile right thumb and transferred a muscle from her palm, allowing it to move and oppose the fingers. Within weeks, a small but powerful change emerged — the baby began to use her thumb," said Dr Satbhai.

Toe-to-hand transfer

Soon, within six weeks, once the little girl began using her right thumb and showed no abnormalities, in the second stage, doctors performed an intricate microvascular toe-to-hand transfer to create a new thumb.

"The procedure requires extraordinary precision. We transplanted the second toe from her left foot, reconnecting blood vessels, nerves, and tendons to give the new thumb life. Equally important, we ensured her foot would continue to function normally by realigning the toes and closing the wound in a way that she gains absolute normal functionality in her left donor foot," said Dr Satbhai.



The child playing with her brother

FAMILY CORNER



Heartiest congratulations to **Rtn. Dr. Hemangee Dhavale**, on being invited as Chairperson for Dr S M Lulla Oration at BPS Annual Meeting.

RCMM members are proud of you.



FAMILY CORNER

**Wishing you a day filled with Happiness and a year filled with Joy.
Happy Birthday**



Rtn. Vaishali Abhyankar

Mohnish, son of Rtn. Hemant Samant

Swapneel, son of Rtns. Veena & Pradeep Watve

Pradeep, husband of Rtn. Alka Khedkar

Rtn. Hemant Samant

Anuja, daughter of Rtn. Pratibha Malavi

Rohan, son of Rtn. Pradnya Sabnis

Nachiket, husband of Rtn. Swati Jaywant

Madhur, son of Rtn. Sunita Padwal

**Wishing you a very happy wedding anniversary and many more
wonderful years together**



Rtn. Girish & Vaijayanti Jawle

Rtn. Chittaranjan and Himani Datar

Rtns. Shaila & Lalit Rege

Rtn. Hemant & Leena Samant

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<https://www.instagram.com/rotarymumbaimahim?igsh=YzljYTk1ODg3Zg==>